



Shoes That Inspire

APPLICATION FORM

Thank you for your interest in the Shoes that Inspire Program! Participants will attend a 6-8 week running training program that culminates in a 5K race and receive new running shoes in the process. The only eligibility requirements include completion of the essay prompt listed below and commitment to participate in the full program by attending practice as well as the final 5K race.

Teachers, make sure to confirm that the student's shoe size stated on this application matches up with the shoe size they are currently wearing.

FULL NAME: _____

GENDER: _____ **GRADE LEVEL:** _____ **SHOE SIZE:** _____

Please answer the following essay prompt (approximately 250 word count):

Maintaining a healthy lifestyle is a choice that global citizens are choosing more often. In your essay, answer the following questions:

- ▷ What do you currently do to maintain a healthy lifestyle?
- ▷ Why you are interested in participating in this program?
- ▷ What do you hope to achieve if you are selected for this program?